

| WEEK 1 BREAKFAST | SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|------------------|---|---|---|---|--|---|---|
|                  | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water                                      | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water   | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water  |
|                  | Assorted Juice/Fresh Fruit Cup<br>Oatmeal/cream of Wheat<br>French Toast/Syrup<br>Breakfast Sausage | Assorted Juice/Banana<br>Oatmeal/Cream of Wheat<br>Boiled Egg | Assorted Juice/Fruit Cocktail<br>Oatmeal/Cream of Wheat<br>Cottage Cheese<br>Raisin Toast | Assorted Juice/Banana<br>Oatmeal/Cream of Wheat<br>Scrambled Eggs | Assorted Juice/Apple Slices<br>Oatmeal/Cream of Wheat<br>Poached Egg<br>English Muffin | Assorted Juice/Pear Wedges<br>Oatmeal/Cream of wheat<br>Boiled Eggs | Assorted Juice/Orange Wedges<br>Oatmeal/Cream of Wheat<br>Sliced Cheese<br>Muffin |
|                  | Whole Wheat Toast & Jams  | Whole Wheat Toast & Jams                                      | Whole Wheat Toast & Jams  | Whole Wheat Toast & Jams  | Whole Wheat Toast & Jams   | Whole Wheat Toast & Jams  | Whole Wheat Toast & Jams  |

| WEEK 1 LUNCH | SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|--------------|---|--|---|---|---|--|---|
|              | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water   | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water  | Coffee, Tea, Milk, Water   | Coffee, Tea, Milk, Water  |
|              | <b>Beefaroni</b><br><br><b>Garlic Bread</b><br><b>Mixed Vegetables</b>  | <b>Weiners &amp; Baked Beans</b><br><br>Dinner Roll<br><b>California Mix Vegetables</b>                              | <b>Turkey Stew</b><br><br>Dinner Roll<br><b>Italian Mixed Vegetables</b>  | <b>Sloppy Joe on a Bun</b><br><br><b>4-way Mixed Vegetables</b>   | <b>Turkey Meatloaf</b><br><b>Mashed Potatoes</b><br>Gravy<br><b>Steamed Broccoli</b>                              | <b>Belgian Waffles</b><br><br><b>Breakfast Sausage</b>   | <b>Chicken Nuggets</b><br><b>Plum Sauce</b><br><b>Tater Tots</b><br><b>Steamed Peas</b>   |
|              | <b>Diced Peaches</b><br><b>A La Carte</b><br><i>Minestrone Soup</i><br><i>Tuna Salad Plate</i><br><i>Caesar Salad w Dinner Roll</i> | <b>Pineapple</b><br><b>A La Carte</b><br><i>Chef's Choice</i><br><i>Chicken Mandarin Salad</i><br><i>Carrot Loaf</i> | <b>Diced Pears</b><br><b>A La Carte</b><br><i>Italian Wedding Soup</i><br><i>Roast Beef Sandwich</i><br><i>Mixed Greens</i> | <b>Fruit Cocktail</b><br><b>A La Carte</b><br><i>Chicken Vegetable Soup</i><br><i>Crab Salad Plate</i><br><i>Caesar Salad w Dinner Roll</i> | <b>Mango</b><br><b>A La Carte</b><br><i>Beef Barley Soup</i><br><i>Cottage Cheese Fruit Plate</i><br><i>Score</i> | <b>Berry Sauce</b><br><b>A La Carte</b><br><i>Vegetable Soup</i><br><i>Bologna Sandwich</i><br><i>4-Bean Salad</i> | <b>Strawberries</b><br><b>A La Carte</b><br><i>Potato Leek Soup</i><br><i>Ham Salad Sandwich</i><br><i>Dixie Coleslaw Salad</i> |

| WEEK 1 DINNER | SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|---------------|---|---|---|---|--|---|---|
|               | Coffee, Tea, Milk, Water<br><b>Roast Turkey Dinner</b><br>Gravy<br><b>Mashed Potatoes</b><br><b>Cranberry Sauce</b><br><b>Mashed Turnip</b><br><b>Blueberry Pie</b> | Coffee, Tea, Milk, Water<br><b>Salisbury Steak</b><br><b>Onion Gravy</b><br><b>Oven Roasted Potatoes</b><br><b>Steamed Carrots</b>                        | Coffee, Tea, Milk, Water<br><b>Roasted Pork Chop</b><br>Gravy<br><b>Baked Potato</b><br><b>Steamed Corn Niblets</b>   | Coffee, Tea, Milk, Water<br><b>Oven Baked Chicken</b><br>Gravy<br><b>Mashed Potatoes</b><br><b>Whipped Squash</b>                     | Coffee, Tea, Milk, Water<br><b>Homestyle Baked Ham</b><br><br><b>Scalloped Potatoes</b><br><b>Cream Corn</b>   | Coffee, Tea, Milk, Water<br><b>Battered Fish Fillets</b><br><b>Tartar Sauce</b><br><b>French Fries</b><br><b>Creamy Coleslaw</b>                                | Coffee, Tea, Milk, Water<br><b>Baked Ziti</b><br><br><b>Cauliflower</b>   |
|               | <b>A La Carte</b><br><i>Minestrone Soup</i><br><i>Ham Salad Sandwich</i><br><i>Dixie Coleslaw Salad</i>   | <b>Brownie</b><br><b>A La Carte</b><br><i>Chef's Choice</i><br><i>Salami Sandwich on Rye</i><br><i>Garden Salad</i><br><i>Mashed Potatoes &amp; Gravy</i> | <b>Strawberry Shortcake</b><br><b>A La Carte</b><br><i>Italian Wedding Soup</i><br><i>Chicken Salad Sandwich</i><br><i>Pea and Peanut Salad</i><br><i>Mashed Potatoes &amp; Gravy</i> | <b>Apple Crisp</b><br><b>A La Carte</b><br><i>Chicken Vegetable Soup</i><br><i>Sliced Ham Sandwich</i><br><i>Dixie Coleslaw Salad</i> | <b>Chocolate Pudding</b><br><b>A La Carte</b><br><i>Beef Barely Soup</i><br><i>Salami Sandwich on Rye</i><br><i>Garden Salad</i><br><i>Mashed Potatoes &amp; Gravy</i> | <b>Date Squares</b><br><b>A La Carte</b><br><i>Vegetable Soup</i><br><i>Sliced Chicken Sandwich</i><br><i>Pasta Salad</i><br><i>Mashed Potatoes &amp; Gravy</i> | <b>Lemon Tart</b><br><b>A La Carte</b><br><i>Potato Leek Soup</i><br><i>Egg Salad Sandwich</i><br><i>Caesar Salad</i><br><i>Mashed Potatoes &amp; Gravy</i> |
|               |   |   |   |   |  |   |   |

| PM Snack | Wafer Cookies | Viva Puff Cookies | Chocolate Chip Cookies | Oatmeal Cookies | Digestive Cookies | Turnover Cookies | Date Sandwich Cookies |
|----------|---------------|-------------------|------------------------|-----------------|-------------------|------------------|-----------------------|
|          | Yogurt        | Yogurt            | Yogurt                 | Yogurt          | Yogurt            | Yogurt           | Yogurt                |

| HS Snack | Muffin         | Yogurt         | Turnover Cookie | Rice Krispie Square | Oatmeal Cookies | Apple Turnover | 1/2 Peanut Butter & Jam Sandwich |
|----------|----------------|----------------|-----------------|---------------------|-----------------|----------------|----------------------------------|
|          | Applesauce Cup | Applesauce Cup | Applesauce Cup  | Applesauce Cup      | Applesauce Cup  | Applesauce Cup | Applesauce Cup                   |

| WEEK | APRIL | MAY | JUNE | JULY | AUGUST | SEPTEMBER | OCTOBER |
|------|-------|-----|------|------|--------|-----------|---------|
| OF:  |       | 4   | 15   | 6    | 17     | 7         | 19      |
|      |       | 25  |      | 27   |        | 28        |         |