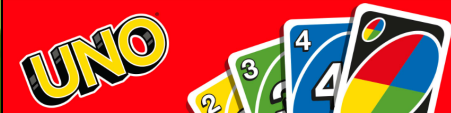
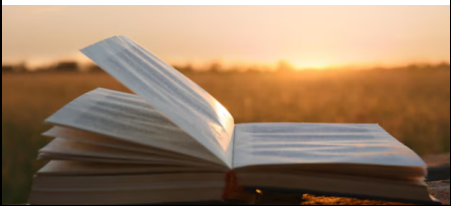
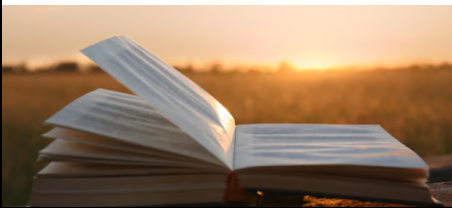
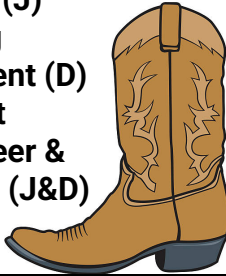
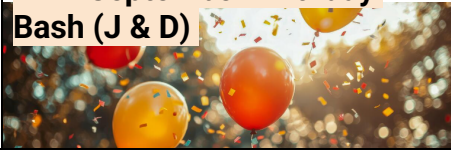


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 3rd Floor Activity Calendar		930AM Fun & Fit SW 10AM Calendars Hand out(J) 2PM Card Game "UNO" (J) 	10AM Church Service with Rev. John DeGiovanni 10AM NE 1030AM SW (J) 11AM Nature Walks (J) 2PM Sensory Cart (J)	10AM Fun & Fit SW 10AM Balcony Visits (M) 2PM Bingo (M) 	10AM Music & Motion (M) 130PM Hymn Sing with Chaplain Joe (NE) 2PM TLC Visits (M) 	Virtual Visits 10AM Morning Workout (J) 2PM Bingo (J) 
	10AM Crafts Corner (J) 2PM Family Worship Service (GP) 	Labour Day 930AM Craft Room SW 1030AM Euchre NE 2PM Reading Group: Stories of the Great Lakes (M)	930AM Fun & Fit SW 10AM Sensory Cart(D) 2PM September Poetry (D) 	10AM Melody Minds with Joe & Pat (NE) (M) 10AM Shrinking Keychain Craft (Ka) 2PM Hymn Sing (M) 2PM Alphabet Trivia (Ka) 	10AM Fun & Fit SW 10AM Name The Baby Animal(D) 2PM Bingo(D)	10AM Chair Yoga with Nicola SW (J) 10AM Roman Catholic Mass (GP) (J) 2PM TLC Visits (J) 
	Grandparents Day 10AM Virtual Church (M) 2PM Name 5 Things (M) 	930AM Craft Room SW (M) 1030AM Euchre NE (D) 2PM Nature Strolls & Balcony Visits (Weather Permitting) (M) 2PM Apple Tree Affirmations(D)	930AM Fun & Fit SW 10AM Mindfulness: Bodyscan (D) 10AM Baking Corner "Scones"(J) 2PM Colour By Numbers(D) 2PM Social Hour (J) 	10AM Target Games (J) 2PM Trivia (J) 	10AM Fun & Fit SW 10AM Nature Walks(D) 2PM Reading Group(D)	10AM Floor Hockey(D) 130PM Devotions with Chaplain Joe (SW) 2PM TLC Visits (D)
10AM Bible Trivia(D) 10AM Manicures & Massage(J) 2PM Family Worship Service (GP) 	930AM Craft Room SW 1030AM Euchre NE 2PM Bingo (M) 	Hello Fall! 930AM Fun & Fit SW 10AM Chair Yoga with Nicola (NE) 2PM Paper Doll Posse(D) 2PM Resident Council (Boardroom)	10AM Colouring Crafts (M) 10AM Target Shoot (D) 2PM Reading Group (M) 2PM Music with Manvir (D) (Cafe) 	10AM Fun & Fit SW 10AM Make Your Own Cookies(D) 2PM Tea and Cookies Social (D)	Western Day! 10AM Colour Your Own Cowboy Boots (J) 10AM Morning Movement (D) 2PM Wild West Social: Near Beer & Wagon Wheels (J&D) 	Virtual Visits So Long September Social 11-4PM "The Runaway Greek" Food Truck 1PM-4PM Music by Dan Dyer (Main Floor Back Parking Lot) Meet the Albright Foundation Board Members!
10AM Virtual Church (M) 2PM Crosswords (M) 	930AM Craft Room SW 1030AM Euchre NE 2PM Chair Aerobics(D)	930AM Fun & Fit SW 10AM National Coffee Day: Mindful Tasting(D) 10AM Dot to Dot Yarn Art "Halloween"(J) 2PM September Birthday Bash (J & D) 	10AM Craft Corner "Paper Pumpkin Garland"(J) 2PM Board Decoration(J) 	September 2026 		