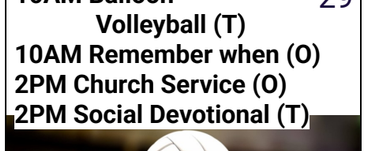
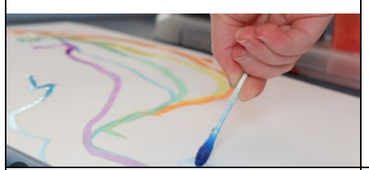
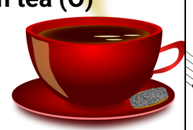
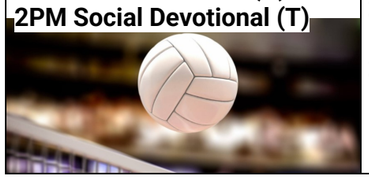
November 2026

4th Floor Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Savings Ends 10AM Balloon Badminton (T) 10AM Shake loose A memory (O) 2PM Family Worship Service (GP) (T) 2PM Remembrance Day Wreaths (O)	2 10AM Floor Hockey (C) 10AM Fun and fitness (O) 2PM Reading Group (C) 2PM Reader's theatre (O) 	3 10AM What is the Meaning? (C) 10AM Food Alphabet (K) 2PM Bingo (C) 2PM Sensory Cart (K) 	4 10AM Name That Tune (C) 10AM Fun and fitness (O) 2PM Animal of the Month: Immortal Jellyfish (C) 2PM Name that tune (O)	5 10AM All About Aviation (C) 10AM Bingo (O) 2PM Music and Hand Massage (C) 2PM Afternoon Tea (O) 	6 10AM Sing-a-long (K) 10AM Hymn sing (O) 2PM Poppy Craft (K) 2PM French Vanilla and Hot Chocolate (Travelling treats) (O)	7 Virtual Visits 10AM Busy Hands (C) 10AM Music and Movement (K) 2PM Remember When (C) 2PM Current Events (K) 
8 10AM Virtual Church (C) 10AM Sunday Stretches (K) 2PM Chain Reaction Word Game (C) 2PM Virtual Church (K) 	9 10AM What in the World Do You Mean (C) 10AM Remembrance day colouring (O) 2PM Remembrance Day Colouring (C) 2PM Fun and fitness(O)	10 10AM Trivia (O) 10AM Finish the Phrase (T) 1045AM Chair Yoga with Nicola (SW) 2PM Finish the phrase (O) 2PM Memory Lane Meetup (T)	11 Lest We Forget 10AM Remember When (C) 10AM Fun and fitness (O) 2PM Remembrance Day Service (GP)(C) 2PM Name game (O) 	12 10AM Double Exposure Picture Game (C) 10AM Christmas Carols (K) 2PM Hymn Sing (C) 2PM Christmas Crafting (K) 	13 10AM Roman Catholic Mass 10AM Music and hand massage (O) 2PM Armchair Travel: All About Aviation (C) 2PM OBIE Games (O) 	14 Virtual Visits 10AM Would you Rather? (T) 10AM Christmas JINGO (O) 2PM Name that Tune Holiday edition (O) 2PM Colour me Calm (T)
15 10AM Color me calm (O) 10AM Fun and Fitness (T) 2PM Family Worship Service (GP) (O) 2PM OBIE Games (T) 	16 10AM Rene Magritte Artist Appreciation Program (C) 10AM Music and motion (O) 2PM Music and Motion (C) 2PM Travelling treats (Hot apple cider)(O)	17 10AM Riddle Me This (C) 10AM Chair Yoga (K) 2PM Afternoon Tea (C) 2PM Resident Council (Boardroom) 	18 10AM Balloon Badminton (C) 10AM fun and fitness (O) 2PM Jeopardy (O) 2PM Can you spot the difference (C)	19 10AM Living Hope Church 10AM NE 1030AM SW Rev. Doug Blysma 10AM Whacky Wordies (C) 10AM Target shooting (O) 2PM Bingo (C) 2PM Memorial Service (GP) 	20 10AM Christmas Carols (K) 10AM Christmas Carols (O) 2PM Busy Hands (K) 2PM tuck shop visits (O) 2PM TLC Visits	21 Virtual Visits Cancelled AM/PM Christmas Tree Decorating
22 10AM Virtual Church (C) 10am Hymn Sing (K) 2PM Window Painting (C+K) 	23 10AM Whacky Wordies (C) 10AM Fun and fitness (O) 2PM Crafty Corner (C) 2PM Reading Group (O)	24 10AM Color me calm (O) 10AM Wheel of Fortune (T) 1045AM Chair Yoga with Nicola (SW) 2PM Afternoon tea (O) 	25 10AM Music and Motion (C) 10AM Cookie decorating (O) 10AM Christmas Trivia (K) 2PM Fun and fitness (O) 2PM Cryptograms (C) 2PM Music with Villi V (K) 	26 10AM Name That Tune (C) 10AM Balloon Badminton (O) 2PM Travelling Treats (O) 2PM Colour Me Calm (C)	27 10AM Hymn Sing (C) 10AM Sensory cart (O) 2PM Music and Hand Massages (C) 2PM OBIE Games (O) 	28 Virtual Visits 10AM Bingo (T) 10AM Balloon badminton (O) 2PM Multisensory (T) 2PM Cookie Decorating (O)
29 10AM Balloon Volleyball (T) 10AM Remember when (O) 2PM Church Service (O) 2PM Social Devotional (T) 	30 10AM Give Me Five (C) 10AM Christmas Reminiscing (O) 2PM Christmas Wreath Making (C) 2PM Fun and fitness (O)					

Albright Manor 4NE Vineyard 4SW Lakeview

Therapeutic Recreation Staff O-Owen C-Courtney T-Tori K-Katherine