ALBRIGHT MANOR WEEK 1 - Fall/Winter

	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY
WEEK	8	20	10	21	14	4	16
OF:	29		31			25	

BREAKFAST

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Menus	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea
	Assorted Juice Oatmeal/Cream of wheat Fried Egg Bacon Banana Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Yogurt Mandarin Oranges Whole Wheat Toast/Raisin Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Scrambled Egg Pears Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Sliced Cheese Muffin Mixed Berries Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Poached Egg English Muffin Tropical Fruit Salad Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Scrambled Eggs Mandarin Oranges Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Boiled Egg Banana Whole Wheat Toast & Jams

LUNCH

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Menus	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea
Choice 1	Ministrone Soup Butternut Squash Ravioli in Alfredo Sauce Green Beans Diced Peaches	Chef's Choice Soup Weiners & Beans Dinner Roll California Mixed Vegetables Tropical Fruit Cocktail	Tomato & Rice Soup Breaded Pollock Strip Wedge Fries, Tartar Sauce 4-Way Vegetable Mix Blueberries	Cabbage Soup Sesame Chickpea Broccoli Stir Fry over Rice Pineapple	Beef Barley Soup Hot Dog on a Bun Tomato/Onion/Ket/Must/Relish Garden Salad Canteloupe	Ham & Potato Soup Cabbage Rolls Green Peas Apricot Halves	Vegetable Soup Chicken Fingers & Plum Sauce Roasted Red Skin Potato Wedge Pickled Beets Fruit Cocktail
Choice 2	Salmon Salad Sandwich Asian Coleslaw Diced Peaches	Chicken Ceasar Salad Garlic Bread Stick Tropical Fruit Cocktail	Cottage Cheese Fruit Plate Blueberries	Dill-icious Pasta Crab Salad Plate Pickled Beets Mini Croissant Pineapple	Tuna Salad Sandwich Broccoli Salad Canteloupe	Mini Sub/Shredded Lettuce Tomato Slices Black Bean & Corn Salad Apricot Halves	Roast Beef Sandwich Asian Cucumber Salad Fruit Cocktail

DINNER

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Menus	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea
	Minestrone Soup	**Chef's Choice Soup**	**Tomato Rice Soup**	**Cream of Broccoli Soup**	**Beef Barley Soup**	**Ham & Potato Soup**	**Vegetable Soup**
Choice 1	Roast Turkey Gravy & Cranberry Jelly Mashed Potatoes Turnip Fruit Pie	Salisbury Steak Onion Gravy Oven Browned Potatoes Steamed Carrots Butterscotch Pudding	Roast Pork Loin Gravy Baked Potato/Sour Cream Green Beans Poke Cake	Oven Baked Chicken Breast Gravy Mashed Potatoes Whipped Squash Cheesecake	Baked Ham Pineapple Sauce Scalloped Potatoes Corn Tiger Mousse	Crusted Hake Tartar Sauce French Fries Everyone;'s Favorite Creamy Coleslaw Caramel Bread Pudding	Roast Pork Loin Mashed Potato/Gravy Winter Mixed Vegetables Cherry Tart
Choice 2	**Minestrone Soup** Salami on Rye Bread Albright's Green Salad (Rachel Green Salad) Fruit Pie	**Chef's Choice Soup** Ham Salad Sandwich Tomato & Onion Salad Butterscotch Pudding	**Tomato Rice Soup** Roast Beef Sandwich on a Kaiser Brown Rice Cowboy Salad Poke Cake	Cream of Broccoli Soup Egg Salad Sandwich Sunflower Crunch Edemame Salad Cheesecake	Beef Barley Soup Corned Beef on Rye Apple Harvest Salad Tiger Mousse	Ham & Potato Soup Chicken Salad Sandwich Dill Pickle Potato Salad Caramel Bread Pudding	Vegetable Soup Bologna Sandwich Greek Pasta Salad Cherry Tart

PM Snack **PM Choice 1**	**Baked Cookies** **Yogurt**	**Fruit Bread** **Yogurt**	**Donut** **Yogurt**	**Muffin** **Yogurt**	**Cheese and Crackers** **Yogurt**	**Baked Cookies** **Yogurt**	**Assorted Cookies** **Yogurt**
HS Snack **HS Choice 2**	**Fruit Turnover** **Applesauce**	**Social Tea** **Applesauce**	**Shortcake Cookies** **Applesauce**	**Digestive Cookies** **Applesauce**	**Rice Krispie Square** **Applesauce**	**Aarrowroot Cookie** **Applesauce**	**1/2 Peanut Butter & Jam SW** **Applesauce**