ALBRIGHT MANOR WEEK 3 - Fall/Winter

	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRIL	MAY
WEEK	22	13	3	14	7	18	9
OF:			24		28		30

Fall/Winter 2026-2027

BREAKFAST

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Menus	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea	Milk, Coffee, Tea
	Assorted Juice Oatmeal/Cream of wheat Fried Egg Bacon Banana Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Raisin toast Yogurt/Mandarin Oranges Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Scrambled Egg Blueberries Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Cottage Cheese/Muffin Tropical Fruit Salad Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Poached Egg Banana English Muffin Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Sliced Cheese Orange Sections Whole Wheat Toast & Jams	Assorted Juice Oatmeal/Cream of wheat Boiled Egg Diced Pears Whole Wheat Toast & Jams

LUNCH

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Menus	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea
Choice 1	Tomato Soup Grilled Cheese Dill Pickle Spear Macaroni Salad Fruit Cocktail	Vegetable Barley Soup Hamburger on a Bun lettuce/Tomato/Onion & Condiments Seasoned Fries Apple Slices	Beef Vegetable Soup Vegetable Lasagna Italian Mix Vegetables Diced Peaches	Butternut Squash Soup Turkey A-La-King Puff Pastry Mixed Vegetables Strawberries	Cream of Broccoli Soup Beef Pot Pie W/Gravy PEI Mixed Vegetables Diced Pears	Chef's Choice Soup Perogies Sour Cream & Bacon Bits Green Beans Apricot Halves	French Onion Soup Chicken Burger on a Bun Mayo, tomato, Lettuce Tater Tots Melon
Choice 2	Chicken Caesar Salad Garlic Breadstick Fruit Cocktail	Egg Salad Sandwich Spring Mix Salad Apple Slices	Salami Sandwich on Rye Black Bean & Corn Salad Diced Peaches	Bologna Sandwich Beet Salad Strawberries	Cheese & Fruit Plate Carrot Loaf Diced Pears	Turkey Sandwich Chick Pea Salad Apricot Halves	Cream Cheese & Cucumber Sandwich Greek Salad Melon

DINNER

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All Menus	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea	Milk, Juice, Coffee, Tea
Choice 1	Tomato Soup Roast Turkey Mashed Potatoes/Gravy Turnip Cranberry Sauce Pumpkin Pie W/Whipped Cream	Vegetable Barley Soup Potato Crusted Cod Mashed Potatoes/Gravy Green Peas Tartar Sauce Ice-Cream Cup	Beef Vegetable Soup Breaded Chicken Balls Sweet & Sour Sauce Fried Rice Thai Mixed Vegetables Butter Tarts	Butternut Squash Soup Oktoberfest Sausage Sauerkraut Boiled Potatoes Chocolate Pudding	Cream of Broccoli Soup BBQ Chicken Thighs Baked Potato/Sour Cream Roasted Brussel Sprouts Peaches & Cream Cake	Chef's Choice Soup Battered Hake/Tartar Sauce French Fries Coleslaw Strawberry Mousse	French Onion Soup Roast Beef/Gravy Mashed Potatoes Cauliflower/Cheese Sauce Horseradish Banana Yogurt Cake
Choice 2	Roast Beef Sandwich on Rye Bread Orzo Salad Pumpkin Pie w/ Whipped Cream	Cheese & Onion Sandwich Vegetable Salad Ice-Cream Cup	Slice Ham Sandwich Asian Coleslaw Butter Tarts	Egg Salad Sandwich Cucumber slices Chocolate Pudding	Mini Submarine Sandwich Tomato/Lettuce Sweet Pickles Peaches & Cream Cake	Capicola Sandwich on Multigrain Bread Lentil & Black Bean Salad Strawberry Mousse	Sliced Ham Sandwich Tomato & Onion Salad Banana Yogurt Cake

PM Snack	**Baked Cookies**	**Fruit Bread**	**Donut**	**Muffin**	**Cheese and Crackers**	**Baked Cookies**	**Assorted Cookies**
PM Choice 1	**Yogurt**	**Yogurt**	**Yogurt**	**Yogurt**	**Yogurt**	**Yogurt**	**Yogurt**
HS Snack	**Fruit Turnover**	**Social Tea**	**Shortcake Cookies**	**Digestive Cookies**	**Rice Krispie Square**	**Aarrowroot Cookie**	**1/2 Peanut Butter & Jam SW**
HS Choice 2	**Applesauce**	**Applesauce**	**Applesauce**	**Applesauce**	**Applesauce**	**Applesauce**	**Applesauce**